

Corporate Employee Wellness

**Created by Linda Googh – Certified
Reflexologist/Practitioner**



According to the U.S. Bureau of Labour and Industries, companies who emphasize wellness in the workplace have more productive, creative and less stressed employees. With my team of professionals, we can deliver stress-reducing, work-enhancing reflexology sessions or create a corporate program designed specifically for you.

TECHNIQUES

- Carpal Tunnel Therapies
- Mobility Dexterity Therapies
- Foot and Hand Anatomy
- Reflex Points
- "Five Minute Stress Buster"
- Arthritis and Circulation Therapies



BENEFITS

- Reduce Absenteeism and Stress
- Increase Productivity and Performance
- Increase Energy And Stamina
- Restore Body Balance and Equilibrium
- Prevent Or Reduce Injuries

*For more information call
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www.fgreflexology.com*